

INTRODUCTION

Message From Our Manager

Welcome to the very first edition of our new Moat House Care home quarterly newsletter.

Every few months, we'll be sharing a selection of news, activities and stories from around the home, giving residents, relatives and friends the chance to catch up on what we've been getting up to.

There has certainly been plenty happening recently, from our Oktoberfest celebrations and Dolly Country Day to minibus adventures, live entertainment and some friendly competition at the races. We've also been busy in the kitchen, enjoying our cooking club and taking time to reminisce together.

Our newsletters will be a chance to share not only our bigger events and celebrations but also the everyday activities and moments that make life at Moat House special.

Thank you to our residents, families, friends and team for all your continued support. We hope you enjoy our first edition and look forward to sharing more news with you each quarter.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Sign Up Form

Best wishes,

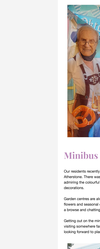
Paul Bundyford
Home Manager

ACTIVITIES & EVENTS

Celebrating Oktoberfest

We brought a little taste of Germany to Moat House with our very own Oktoberfest celebration. Residents enjoyed an afternoon of food, beer tasting, music and dancing as we got into the spirit of the traditional German festival.

Oktoberfest dates back to 1810, when celebrations were held in Munich to mark the marriage of Crown Prince Ludwig of Bavaria and Princess Therese. The event proved so popular that it became an annual tradition and is now celebrated in many countries around the world.



Our celebration was a little closer to home, but there was still plenty to enjoy. We finished the afternoon with an Oktoberfest quiz, putting everyone's knowledge to the test and bringing out a little friendly competition.

It was a great afternoon spent together, enjoying something a bit different and learning about another country's traditions along the way.

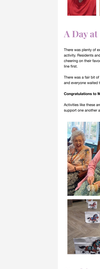


Minibus Trips to Dobbies

Our residents recently enjoyed a trip out on the minibus to Dobbies Garden Centre in Wrenshire. There was plenty to see as everyone browsed the garden centre, admiring the colourful autumn displays and getting a head start on the Christmas decorations.

Garden centres are always good places for a leisurely visit, with different plants, flowers and seasonal displays to look at. Residents enjoyed taking their time, having a browse and chatting about the things that caught their eye.

Getting out on the minibus is something our residents look forward to, whether we're visiting somewhere familiar or heading off to discover something new. We're already looking forward to planning our next adventure.



Dolly Country Day

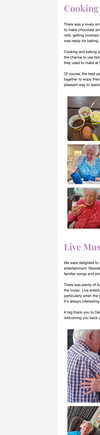
We had a fantastic time at Moat House when we dedicated a whole day to country music, with our Dolly Country Day celebrations.

Residents and staff really got into the spirit of the occasion, with cowboy outfits, plenty of singing and a special country-themed lunch prepared by our kitchen team. A big thank you goes to Julie Singh, who joined us for the entertainment, and to all our staff who got involved throughout the day.

There were some memorable performances, including staff singing Johnny Cash's "Ring of Fire", while our activities team entertained everyone with "Take Me Home, Country Roads", "The Black Hills of Dakota" and Dolly Parton's "Jolene". Their came-car very own Kenny and Dolly!

Home Manager Paul and Activities Coordinator Cathy took centre stage for a performance of "Islands in the Stream". They certainly gave everyone something to smile about and deserve a big round of applause for being such good sports.

It was a fun day with plenty of familiar songs, laughter and dancing. Thank you to everyone who helped organise the celebrations and joined in.



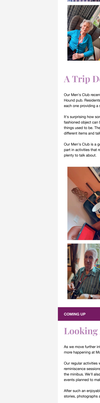
A Day at the Races

There was plenty of excitement at Moat House during our recent horse racing activity. Residents and staff joined in at the races grit-underway, with everyone cheering on their favourites and hoping their horse would make it across the finish line first.

There was a fair bit of friendly competition, particularly as we reached the final races and everyone waited to see who would come out on top.

Congratulations to Marion and Colin, who were our final race winners!

Activities like these are always good fun, giving everyone a chance to get involved, support one another and enjoy a little competition together.



Cooking Club

There was a lovely smell coming from our cooking club when residents got together to make chocolate and cinnamon rolls. Everyone worked together to prepare the rolls, getting involved with the different stages and helping to make sure everything was ready for baking.

Cooking and baking are always popular activities at Moat House. They give residents the chance to use familiar skills, work together and chat about recipes and things they used to make at home.

Of course, the best part came when the rolls were ready to eat! Residents sat down together to enjoy their freshly made treats with a cup of tea and a good chat. A very pleasant way to spend an afternoon, and a tasty result from everyone's hard work.



Live Music with Dean Thomas

We were delighted to welcome Dean Thomas to Moat House for an afternoon of live entertainment. Residents thoroughly enjoyed listening to the music, recognising familiar songs and singing along to their favourites.

There was plenty of foot tapping and even a few dance moves as everyone got into the music. Live entertainment continues to be one of our most popular activities, particularly when the songs bring back memories of different times in residents' lives. It's always interesting to hear the conversations that follow a familiar tune.

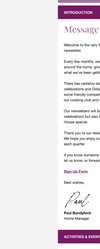
A big thank you to Dean for coming along and entertaining us. We look forward to welcoming you back again.

A Trip Down Memory Lane

Our Men's Club recently enjoyed a relaxed reminiscence session in our Horse and Hound pub. Residents sat together looking at a collection of objects from the past, each one providing a starting point for a different conversation.

It's surprising how something as simple as an everyday household item or an old-fashioned object can bring back memories of working life, family homes and the way things used to be. There were plenty of stories shared as residents recognised different items and talked about their own experiences.

Our Men's Club is a good opportunity to spend time together, enjoy a chat and take part in activities that reflect residents' interests. This session certainly gave everyone plenty to talk about.



COMING UP

Looking Ahead...

As we move further into autumn and towards the winter months, there will be plenty more happening at Moat House.

Our regular activities will continue alongside live entertainment, cooking club, reminiscence sessions and the occasional trip out on the minibus. We'll also be out on the minibus. We'll also be getting ready for seasonal celebrations, with activities and events planned to make the most of the coming months.

After such an enjoyable quarter to share, we're looking forward to bringing you more stories, photographs and updates from around the home.

Thank you once again to our residents, relatives, friends and staff for being part of life at Moat House. We hope you've enjoyed our first quarterly newsletter and look forward to sharing our next edition with you.

EXTERNAL LINKS

Social Media

Make sure to check out the Moat House Care Home Facebook Page for all our latest photos!

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CARE HOME

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